

This Won't Hurt One Little Bit

NEXT TIME you need pampering, head to the dentist. To take the anguish out of root canals and the like, tooth docs from Houston to Honolulu, Atlanta to L.A. have turned their practices into dental spas. "It's like giving yourself a treat. People tell me they look forward to their appointments," says Dr. Lorin Berland, whose Dallas Dental Spa offers chair massages, choice of aromatherapy scents—jasmine, vanilla or lavender—and a hot towel afterward. Other dentists offer fresh-baked cookies (don't forget to brush!), foot rubs and manicures. Alas, some things don't change. They do still use drills.



THE RD HIT LIST

5 Summer Festivals We'll Skip, Thanks

1. National Baby Food Festival, July 15-19, Fremont, Michigan. Enter your cherub in the main event—the baby crawling race.
2. Moose Dropping Festival, July 12-13, Talkeetna, Alaska. They say the nugget toss is a must-see.
3. BugFest, August 9, Raleigh, North Carolina. Promises "delicious" bug-filled treats for all, and "fascinating" bug experts.
4. Mayberry Days, Sept. 25-27, Mount Airy, North Carolina. An Andy Griffith party with—ooh!—Don Knotts look-alikes.
5. Annual Roadkill Cookoff, Sept. 27, Marlinton, West Virginia. Dinner is swerved!



overheard

If you weren't blond with blue eyes, then **you weren't sexy in America.** I think it's starting to change. HALLE BERRY in *Vogue*